

2024

# NOVEMBER

## Middle School Lunch

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**Served Daily**  
**1% White Milk**  
**Ff Chocolate Milk**  
**Assorted Dressings**

**Served When Needed**

**Ketchup, Mustard, Dill Pickles & Mayo**

**1** Cheese Bites & Marinara Sauce  
 PBJ, Goldfish, String Cheese  
 Golden Sweet Corn  
 Romaine  
 Fresh Broccoli & Baby Carrots  
 Sweet Red Peppers  
 Mixed Berries  
 Chilled Sliced Peaches

**4** BBQ Pork Rib on WG Bun  
 Blueberry Parfait  
 Baked Beans  
 Romaine  
 Sweet Yellow Peppers  
 Cole Slaw  
 Grape Tomatoes  
 Fruit Cocktail & Strawberries

**5** Chili & Cinnamon Roll  
 Chef Salad  
 Romaine  
 Fresh Broccoli  
 Grape Tomatoes  
 Chilled Sliced Peaches  
 Frozen Juice Cups

**6**  
 No School

**7** Totchos  
 Crackers, Crunch & Crave  
 Cold Ham & Cheese  
 Romaine  
 Fresh Cauliflower  
 Grape Tomatoes  
 PEARS, FRESH  
 Watermelon

**8** Cheesy Pull Apart Bread  
 PBJ, Goldfish, String Cheese  
 Marinara Sauce  
 Golden Sweet Corn  
 Romaine  
 Fresh Broccoli & Baby Carrots  
 Grapes  
 Pineapple Tidbits

**11** Pork Fritter on WG Bun  
 Strawberry Parfait  
 Steamed Peas  
 Romaine  
 Sweet Yellow Peppers  
 Fresh Broccoli  
 Red Onion  
 Chilled Sliced Pears

**12** Pepperoni Pizza Slice  
 Chef Salad  
 Green Beans  
 Romaine  
 Fresh Cauliflower  
 Banana Peppers  
 Chilled Sliced Peaches  
 Apple

**13** Country Fried Steak  
 Pepperoni Munchable  
 Dinner Roll w/Butter  
 Mashed Potatoes & Gravy  
 Romaine  
 Grape Tomatoes  
 Baby Carrots  
 Strawberries & Banana

**14** Soft Shell Beef Taco /Salsa  
 Turkey Roll-Ups  
 Refried Beans  
 Chocolate Chip Cookie  
 Romaine  
 Diced Tomatoes, onions & Jalapenos  
 Cucumber Coins  
 Pineapple Tidbits  
 Cantaloupe

**15** Bosco Sticks  
 PBJ, Goldfish, String Cheese  
 Golden Sweet Corn  
 Marinara Sauce  
 Romaine  
 Baby Carrots & Red Peppers  
 Grapes  
 Cinnamon Applesauce

**18** Hamburger with WG Bun  
 Blueberry Parfait  
 French Fries  
 Romaine  
 Fresh Cauliflower  
 Sliced Tomato &  
 Chilled Sliced Pears  
 Apple

**19** Lasagna Roll Ups  
 Chef Salad  
 Romaine  
 Cucumber Coins  
 Baby Carrots  
 Chilled Sliced Peaches  
 Fresh Kiwi Halves

**20** Chicken Patty/WG B  
 Pepperoni Munchable  
 Steamed Peas  
 Romaine  
 Fresh Cauliflower  
 Sliced Tomato  
 Strawberries & Clementine

**21** Super Nachos / Salsa  
 Turkey Roll-Ups  
 Romaine & Baby Carrots  
 Black Beans  
 Diced Tomatoes  
 Jalapenos & Onions  
 Strawberry Apple Crisps  
 Mandarin Oranges

**22** Garlic Cheese Bread  
 PBJ, Goldfish, String Cheese  
 Golden Sweet Corn  
 Shredded Romaine  
 Fresh Broccoli & Grape Tomatoes  
 Pineapple Tidbits  
 Frozen Juice Cups

**25** Turkey Gravy  
 Mashed Potatoes  
 Dinner Roll w/Butter & Jelly  
 Green Beans  
 Romaine  
 Grape Tomatoes  
 Fresh Cauliflower  
 Orange & Apple

**26** Corn Dog  
 Chef Salad  
 Cheesy California Veggies  
 Romaine  
 Baby Carrots & Cucumbers  
 Strawberries & Bananas  
 Pineapple Tidbits

**27**  
 No School

**28** No School  
 Happy  
 Thanksgiving

**29**  
 No School