

# 2024 OCTOBER

## Van Allen Elementary Breakfast

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

	<b>1</b> Combo Link, sausage egg & cheese Hormel Cereal Canned Fruit Variety of Fresh Fruit 1% White Milk FF Chocolate Milk Orange Juice	<b>2</b> French Toast Sticks Cereal Canned Fruit Variety of Fresh Fruit 1% White Milk FF Chocolate Milk Orange Juice Syrup	<b>3</b> Power Bites Cereal Canned Fruit Variety of Fresh Fruit 1% White Milk FF Chocolate Milk Orange Juice	<b>4</b> Long John w/icing Cereal Canned Fruit Variety of Fresh Fruit 1% White Milk FF Chocolate Milk Orange Juice
<b>7</b> French Toast Snackbread Cereal Trix Yogurt Canned Fruit Variety of Fresh Fruit 1% White Milk FF Chocolate Milk Orange Juice	<b>8</b> Pancakes Syrup Cereal Canned Fruit Variety of Fresh Fruit 1% White Milk FF Chocolate Milk Orange Juice	<b>9</b> Mini Apple Breakfast Bite Cereal Trix Yogurt Canned Fruit Variety of Fresh Fruit 1% White Milk FF Chocolate Milk Orange Juice	<b>10</b> Biscuits & Gravy Cereal Canned Fruit Variety of Fresh Fruit 1% White Milk FF Chocolate Milk Orange Juice	<b>11</b> Long John w/icing Cereal Canned Fruit Variety of Fresh Fruit 1% White Milk FF Chocolate Milk Orange Juice
<b>14</b> WG Chocolate Chip Muffin Cereal Trix Yogurt Canned Fruit Variety of Fresh Fruit Orange Juice 1% White Milk FF Chocolate Milk	<b>15</b> WG Waffle Syrup Cereal Canned Fruit Variety of Fresh Fruit Orange Juice 1% White Milk FF Chocolate Milk	<b>16</b> Mini Cinnis Cereal Trix Yogurt Canned Fruit Variety of Fresh Fruit Orange Juice 1% White Milk FF Chocolate Milk	<b>17</b> Breakfast Pizza Cereal Canned Fruit Variety of Fresh Fruit Orange Juice 1% White Milk FF Chocolate Milk	<b>18</b> Long John w/icing Cereal Canned Fruit Variety of Fresh Fruit 1% White Milk FF Chocolate Milk Orange Juice
<b>21</b> Pumpkin Bread Cereal Trix Yogurt Canned Fruit Variety of Fresh Fruit 1% White Milk FF Chocolate Milk Orange Juice	<b>22</b> French Toast Sticks Syrup Cereal Canned Fruit Variety of Fresh Fruit 1% White Milk FF Chocolate Milk Orange Juice	<b>23</b> Nutri Grain Bar, Strawberry Cereal Trix Yogurt Canned Fruit Variety of Fresh Fruit 1% White Milk FF Chocolate Milk Juice, Orange	<b>24</b> Sausage & Pancake Wrap Syrup Cereal Canned Fruit Variety of Fresh Fruit 1% White Milk FF Chocolate Milk Orange Juice	<b>25</b> No School
<b>28</b> WG Cinnamon Apple Muffin Cereal Trix Yogurt Canned Fruit Variety of Fresh Fruit 1% White Milk FF Chocolate Milk Orange Juice	<b>29</b> Pancakes Syrup Cereal Canned Fruit Variety of Fresh Fruit 1% White Milk FF Chocolate Milk Orange Juice	<b>30</b> Blueberry Bagel & Crème Cheese Trix Yogurt Cereal Canned Fruit Variety of Fresh Fruit 1% White Milk FF Chocolate Milk Orange Juice	<b>31</b> Breakfast Burrito Cereal Canned Fruit Variety of Fresh Fruit 1% White Milk FF Chocolate Milk Orange Juice	