High School Breakfast MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY combo Link, sausage egg & cheese French Toast Sticks Long John w/icing Power Bites Hormel Cereal Cereal Cereal Cereal Yogurt Yogurt Yogurt Yogurt Canned Fruit Canned Fruit Canned Fruit Canned Fruit Variety of Fresh Fruit Variety of Fresh Fruit Variety of Fresh Fruit Variety of Fresh Fruit 1% White Milk 1% White Milk 1% White Milk 1% White Milk FF Chocolate Milk FF Chocolate Milk FF Chocolate Milk FF Chocolate Milk Orange Juice Orange Juice Orange Juice French Toast Snackbread Pancakes with Butter & Syrup Mini Breakfast Bite Biscuits & Gravy Long John w/icing 11 Cereal Peanut Butter Cereal Scrambled Eggs, w/Bacon Cereal Trix Yogurt Cereal Yogurt Cereal Yogurt Canned Fruit Yogurt Canned Fruit Yogurt Canned Fruit Variety of Fresh Fruit Variety of Fresh Fruit Variety of Fresh Fruit Canned Fruit Canned Fruit 1% White Milk 1% White Milk Variety of Fresh Fruit 1% White Milk Variety of Fresh Fruit FF Chocolate Milk 1% White Milk FF Chocolate Milk 1% White Milk FF Chocolate Milk FF Chocolate Milk FF Chocolate Milk Orange Juice Orange Juice Orange Juice WG Waffle with Butter & Syrup Long John w/icing 16 17 18 WG Chocolate Chip Muffin Mini Cinnis Breakfast Pizza **Peanut Butter** Cereal Cereal Cereal Cereal Cereal Yogurt Yogurt Yogurt Yogurt Yogurt Canned Fruit Variety of Fresh Fruit 1% White Milk FF Chocolate Milk Orange Juice Orange Juice Orange Juice Orange Juice Orange Juice French Toast Sticks Sausage & Pancake Wrap 25 Pumpkin Bread Sausage & Egg Croissant Syrup Syrup Cereal Cereal Cereal Yogurt Yogurt Yogurt Cereal Yogurt No School Variety of Fresh Fruit Variety of Fresh Fruit Variety of Fresh Fruit Variety of Fresh Fruit 1% White Milk 1% White Milk 1% White Milk 1% White Milk FF Chocolate Milk FF Chocolate Milk FF Chocolate Milk FF Chocolate Milk Orange Juice Orange Juice Orange Juice Orange Juice Pancakes Blueberry Bagel **Breakfast Burrito** 31 30 WG Cinnamon Apple Muffin Cream Cheese Scrambled Eggs, w/Bacon Salsa Cereal Syrup Cereal Cereal Yogurt Cereal Yogurt Yogurt Variety of Fresh Fruit Variety of Fresh Fruit Variety of Fresh Fruit Yogurt 1% White Milk Variety of Fresh Fruit 1% White Milk 1% White Milk FF Chocolate Milk 1% White Milk FF Chocolate Milk FF Chocolate Milk Orange Juice FF Chocolate Milk Orange Juice Orange Juice