



Highland Youth Track

ON YOUR MARK. GET SET. GO!

Youth Track Boys and Girls Grades 1-6

“Youth track and field is designed to teach participants the basics of proper form for sprints, middle distance, relays, long jump, and hurdles as well as the rules and strategies of track and field”

Individual Sign Up: \$25.00 (includes T-shirt), payable to Highland Athletics

Dates: April 1, 8, 15, 22 & 29 6-7:30 pm Practice at Highland High School Track
Track Meet: May 2 at Case Field, 1001 E. Van Buren St, Washington, IA

The REMIND App will be used for communication, please make sure to fill any phone numbers that you would like notified by any communication. This includes any changes or cancellations due to weather. To use the app, you can download for free from the app store, then hit “join a class” and enter the code @df3cfk.

Please return the Registration Form WITH PAYMENT to Jody Fink or Derrick Ball by **March 27, 2020**

Youth Track Registration Form

Please make Checks payable to Highland Athletics

Child's Name: _____ M / F (circle) Grade _____

Parent's Name(s) _____ Address _____

Phone No. _____ T-shirt Size (circle) YS YM YL AS AM AL

E-mail (to receive program information) _____

Able to volunteer at Track Meet: Y / N (circle)

Waiver of Liability: I understand that even when reasonable precaution is taken, accidents sometimes happen. Therefore, in exchange for Highland Community School allowing my child to participate in Track & Field, I understand and expressly acknowledge that I release Highland Community Schools from all liability for injury loss and damage connected in any way whatsoever to my child. I understand this release includes claims of negligence, action or inaction of staff, directors, guest or volunteers.

Parent of Guardian Signature: _____ Date: _____

Questions contact Jody Fink jfink@highlandhuskies.org (319) 310-7831 or Derrick Ball dball@highlandhuskies.org (563) 299-3933