

Breakfast

SEPTEMBER 2026 STARMONT MIDDLE/HIGH SCHOOL

A VARIETY OF MILK IS OFFERED EACH
DAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

WG BREAKFAST BAGEL
STRING CHEESE
YOGURT/SMOOTHIE
WG CEREAL
WG CEREAL BAR
FRUIT/JUICE/MILK

2

WG TORNADO
STRING CHEESE
YOGURT/SMOOTHIE
WG CEREAL
WG BAGEL/CREAM CHEESE
FRUIT/JUICE/MILK

3

LITTLE SMOKIES/TATER GEMS
STRING CHEESE
YOGURT/SMOOTHIE
WG CEREAL
WG CEREAL BAR
FRUIT/JUICE/MILK

4

EGG/SAUSAGE/WG BISCUIT
STRING CHEESE
YOGURT/SMOOTHIE
WG CEREAL
WG BAGEL/CREAM CHEESE
FRUIT/JUICE/MILK

7

NO SCHOOL

8

OMELET/WG CROISSANT
STRING CHEESE
YOGURT/SMOOTHIE
WG CEREAL
WG CEREAL BAR
FRUIT/JUICE/MILK

9

*WG UNCRUSTABLE
STRING CHEESE
YOGURT/SMOOTHIE
WG CEREAL
WG BAGEL/CREAM CHEESE
FRUIT/JUICE/MILK

10

WG LONG JOHN
STRING CHEESE
YOGURT/SMOOTHIE
WG CEREAL
WG CEREAL BAR
FRUIT/JUICE/MILK

11

SAUSAGE GRAVY/WG BISCUIT
STRING CHEESE
YOGURT/SMOOTHIE
WG CEREAL
WG BAGEL/CREAM CHEESE
FRUIT/JUICE/MILK

14

WG BREAKFAST PIZZA
STRING CHEESE
YOGURT/SMOOTHIE
WG CEREAL
WG CEREAL BAR
FRUIT/JUICE/MILK

15

WG BREAKFAST BAGEL
STRING CHEESE
YOGURT/SMOOTHIE
WG CEREAL
WG BAGEL/CREAM CHEESE
FRUIT/JUICE/MILK

16

WG TORNADO
STRING CHEESE
YOGURT/SMOOTHIE
WG CEREAL
WG CEREAL BAR
FRUIT/JUICE/MILK

17

LITTLE SMOKIES/TATER GEMS
STRING CHEESE
YOGURT/SMOOTHIE
WG CEREAL
WG BAGEL/CREAM CHEESE
FRUIT/JUICE/MILK

18

EGG/SAUSAGE/WG BISCUIT
STRING CHEESE
YOGURT/SMOOTHIE
WG CEREAL
WG CEREAL BAR
FRUIT/JUICE/MILK

21

WG BREAKFAST PIZZA
STRING CHEESE
YOGURT/SMOOTHIE
WG CEREAL
WG BAGEL/CREAM CHEESE
FRUIT/JUICE/MILK

22

OMELET/WG CROISSANT
STRING CHEESE
YOGURT/SMOOTHIE
WG CEREAL
WG CEREAL BAR
FRUIT/JUICE/MILK

23

*WG UNCRUSTABLE
STRING CHEESE
YOGURT/SMOOTHIE
WG CEREAL
WG BAGEL/CREAM CHEESE
FRUIT/JUICE/MILK

24

WG LONG JOHN
STRING CHEESE
YOGURT/SMOOTHIE
WG CEREAL
WG CEREAL BAR
FRUIT/JUICE/MILK

25

SAUSAGE GRAVY/WG BISCUIT
STRING CHEESE
YOGURT/SMOOTHIE
WG CEREAL
WG BAGEL/CREAM CHEESE
FRUIT/JUICE/MILK

28

WG BREAKFAST PIZZA
STRING CHEESE
YOGURT/SMOOTHIE
WG CEREAL
WG CEREAL BAR
FRUIT/JUICE/MILK

29

WG BREAKFAST BAGEL
STRING CHEESE
YOGURT/SMOOTHIE
WG CEREAL
WG BAGEL/CREAM CHEESE
FRUIT/JUICE/MILK

30

WG TORNADO
STRING CHEESE
YOGURT/SMOOTHIE
WG CEREAL
WG CEREAL BAR
FRUIT/JUICE/MILK

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

*CONTAINS PEANUTS OR IS MANUFACTURED IN A FACILITY THAT USES PEANUS

MENU SUBJECT TO CHANGE

Lunch

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DAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

WG SHRIMP POPPERS
WG MAC & CHEESE
STEAMED BROCCOLI
FRESH CARROTS
GRAPES/9-12 JUICE
MILK

2

SALISBURY STEAK
MASHED POTATOES/GRAVY
STEAMED CARROTS
MANDARIN ORANGES/9-12 JUICE
WG TEA ROLL/BUTTERCUP
MILK

3

WG MEATBALL SUB
GREEN BEANS
APPLESAUCE/9-12 JUICE
BAKED CHEETOS
MILK

4

STUFFED CRUST CHEESE PIZZA
CORN
ROMAINE
PEACHES/9-12 JUICE
MILK

7

NO SCHOOL

8

CHEESEBURGER/WG BUN
FRENCH FRIES
BAKED BEANS
PEARS/9-12 JUICE
MILK

9

MEXICAN STRAW HAT
LETTUCE, TOMATO, CHEESE
STEAMED BROCCOLI
SIDEKICK/9-12 JUICE
WG CINNAMON ROLL
MILK

10

WG CORNDOG
CORN
FRESH CARROTS/PEPPERS
WATERMELON/9-12 JUICE
WG SUNCHIPS
MILK

11

WG CHICKEN STICKS
MASHED POTATOES/GRAVY
STEAMED CARROTS
PEACHES/9-12 JUICE
WG TEA ROLL/BUTTERCUP
MILK

14

WG CHICKEN FAJITA
LETTUCE, TOMATO, CHEESE
GREEN BEANS
APPLESAUCE/9-12 JUICE
MILK

15

HOTDOG/WG BUN
COTTAGE CHEESE
BAKED BEANS
STRAWBERRIES, KIWI, GRAPES
9-12 JUICE
MILK

16

WG MANDARIN ORANGE CHICKEN
WG BROWN RICE
ROMAINE
MANDARIN ORANGES/9-12 JUICE
WG BREADSTICK
MILK

17

WG PEPPERONI PIZZA
CORN
CUCUMBERS/CAULIFLOWER
PEACHES/9-12 JUICE
*WG MONSTER BAR
MILK

18

WALKING CHEESEBURGER
LETTUCE, TOMATO, CHEESE
PEAS
PEARS/9-12 JUICE
WG GARLIC BREAD
MILK

21

BBQ RIB/WG BUN
BAKED BEANS
SMILEY POTATOES
PEACHES/9-12 JUICE
MILK

22

WG CHICKEN ALFREDO
GREEN BEANS
HONEYDEW/CANTALOUPE
9-12 JUICE
WG BREADSTICK
MILK

23

WG DELI SUB
STEAMED CARROTS
FRESH PEPPERS/CUCUMBERS
APPLESAUCE/9-12 JUICE
WG SUNCHIPS
MILK

24

WG FRENCH TOAST STICKS
EGG/SAUSAGE PATTY
HASHBROWN
FRESH CARROTS
BLUEBERRIES/9-12 JUICE
MILK

25

WG FRENCH BREAD CHEESE PIZZA
CORN
STRAWBERRIES/9-12 JUICE
WG CHOCOLATE CHIP COOKIE
MILK

28

WG CHICKEN TENDERS
MASHED POTATOES/GRAVY
FRESH CAULIFLOWER/CARROTS
PEACHES/9-12 JUICE
WG TEA ROLL/BUTTERCUP
MILK

29

HOT HAM/CHEESE/WG BUN
TATER TOTS
STEAMED BROCCOLI
FRESH PINEAPPLE/9-12 JUICE
MILK

30

WG PIZZA DIPPERS
ROMAINE
PEAS
GRAPES/9-12 JUICE
WG WACKY CAKE
MILK

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