

Breakfast

OCTOBER 2026

STARMONT MIDDLE/HIGH SCHOOL

A VARIETY OF MILK IS OFFERED
EACH DAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



5

WG BREAKFAST PIZZA
STRING CHEESE
YOGURT/SMOOTHIE
WG CEREAL
WG BAGEL/CREAM CHEESE
FRUIT/JUICE/MILK

6

OMELET/WG CROISSANT
STRING CHEESE
YOGURT/SMOOTHIE
WG CEREAL
WG CEREAL BAR
FRUIT/JUICE/MILK

7

*WG UNCRUSTABLE
STRING CHEESE
YOGURT/SMOOTHIE
WG CEREAL
WG BAGEL/CREAM CHEESE
FRUIT/JUICE/MILK

8

WG LONG JOHN
STRING CHEESE
YOGURT/SMOOTHIE
WG CEREAL
WG CEREAL BAR
FRUIT/JUICE/MILK

9

SAUSAGE GRAVY/WG BISCUIT
STRING CHEESE
YOGURT/SMOOTHIE
WG CEREAL BAR
WG BAGEL/CREAM CHEESE
FRUIT/JUICE/MILK

12

WG BREAKFAST PIZZA
STRING CHEESE
YOGURT/SMOOTHIE
WG CEREAL
WG CEREAL BAR
FRUIT/JUICE/MILK

13

WG BREAKFAST BAGEL
STRING CHEESE
YOGURT/SMOOTHIE
WG CEREAL
WG BAGEL/CREAM CHEESE
FRUIT/JUICE/MILK

14

WG TORNADO
STRING CHEESE
YOGURT/SMOOTHIE
WG CEREAL
WG CEREAL BAR
FRUIT/JUICE/MILK

15

LITTLE SMOKIES/TATER GEMS
STRING CHEESE
YOGURT/SMOOTHIE
WG CEREAL
WG BAGEL/CREAM CHEESE
FRUIT/JUICE/MILK

16

EGG/SAUSAGE/WG BISCUIT
STRING CHEESE
YOGURT/SMOOTHIE
WG CEREAL
WG CEREAL BAR
FRUIT/JUICE/MILK

19

WG BREAKFAST PIZZA
STRING CHEESE
YOGURT/SMOOTHIE
WG CEREAL
WG BAGEL/CREAM CHEESE
FRUIT/JUICE/MILK

20

OMELET/WG CROISSANT
STRING CHEESE
YOGURT/SMOOTHIE
WG CEREAL
WG CEREAL BAR
FRUIT/JUICE/MILK

21

*WG UNCRUSTABLE
STRING CHEESE
YOGURT/SMOOTHIE
WG CEREAL
WG BAGEL/CREAM CHEESE
FRUIT/JUICE/MILK

22

WG LONG JOHN
STRING CHEESE
YOGURT/SMOOTHIE
WG CEREAL
WG CEREAL BAR
FRUIT/JUICE/MILK

23

SAUSAGE GRAVY/WG BISUIT
STRING CHEESE
YOGURT/SMOOTHIE
WG CEREAL
WG BAGEL/CREAM CHEESE
FRUIT/JUICE/MILK

26

WG BREAKFAST PIZZA
STRING CHEESE
YOGURT/SMOOTHIE
WG CEREAL
WG CEREAL BAR
FRUIT/JUICE/MILK

27

WG BREAKFAST BAGEL
STRING CHEESE
YOGURT/SMOOTHIE
WG CEREAL
WG BAGEL/CREAM CHEESE
FRUIT/JUICE/MILK

28

WG TORNADO
STRING CHEESE
YOGURT/SMOOTHIE
WG CEREAL
WG CEREAL BAR
FRUIT/JUICE/MILK

29

LITTLE SMOKIES/TATER GEMS
STRING CHEESE
YOGURT/SMOOTHIE
WG CEREAL
WG BAGEL/CREAM CHEESE
FRUIT/JUICE/MILK

30

EGG/SAUSAGE/WG BISCUIT
STRING CHEESE
YOGURT/SMOOTHIE
WG CEREAL
WG CEREAL BAR
FRUIT/JUICE/MILK

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

*CONTAINS PEANUTS OR IS MANUFACTURED IN A FACILITY THAT USES PEANUTS

MENU SUBJECT TO CHANGE

Lunch

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DAY

MONDAY

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THURSDAY

FRIDAY



5

WG SC PEPPERONI PIZZA
ROMAINE
FRESH CARROTS
STRAWBERRIES/9-12 JUICE
*WG MONSTER BAR
MILK

6

TOTCHOS
LETTUCE, TOMATO, CHEESE
CORN
GRAPES/9-12 JUICE
WG BREADSTICK
MILK

7

CHEESEBURGER/WG BUN
BAKED BEANS
FRESH CARROTS
PEACHES/9-12 JUICE
BAKED LAYS
MILK

8

WG GOULASH
GREEN BEANS
BANANA
9-12 JUICE
WG GARLIC BREAD
MILK

9

WG CHICKEN NUGGETS
MASHED POTATOES/GRAVY
STEAMED BROCCOLI
MANDARIN ORANGES
9-12 JUICE
WG TEA ROLL/BUTTERCUP
MILK

12

HOTDOG/WG BUN
BAKED BEANS
CUCUMBERS/PEPPERS
MIXED FRUIT/9-12 JUICE
WG SUNCHIPS
MILK

13

WG SPAGHETTI
STEAMED CARROTS
WATERMELON/9-12 JUICE
WG GARLIC BREAD
MILK

14

WG CORNDOG
SMILEY POTATOES
STEAMED BROCCOLI
APPLESAUCE/9-12 JUICE
WG CHOCOLATE CHIP COOKIE
MILK

15

WG MANDARIN ORANGE CHICKEN
WG BROWN RICE
ROMAINE
PEACHES/9-12 JUICE
WG BREADSTICK
MILK

16

WG PORK FRITTER
CHEESY HASHBROWNS
CAULIFLOWER/PEPPERS
PEARS/9-12 JUICE
MILK

19

WG FRENCH BREAD CHEESE PIZZA
CORN
STRAWBERRIES/9-12 JUICE
WG RICE KRISPIE TREAT
MILK

20

WG FRENCH TOAST STICKS
EGG/SAUSAGE PATTY
HASHBROWN
FRESH CARROTS
BLUEBERRIES/9-12 JUICE
MILK

21

WG CHICKEN ALFREDO
STEAMED BROCCOLI
CUCUMBERS/CARROTS
GRAPES/9-12 JUICE
WG BREADSTICK
MILK

22

BBQ RIB/WG BUN
TATER TOTS
GREEN BEANS
PEARS/9-12 JUICE
MILK

23

NO SCHOOL

26

WG CHICKEN PATTY/WG BUN
SMILEY POTATOES
STEAMED CARROTS
PEACHES/9-12 JUICE
MILK

27

WG DELI SUB
FRESH BROCCOLI
PEAS
PEARS/9-12 JUICE
WG SUNCHIPS
MILK

28

WG SOFTSHELL TACO
REFRIED BEANS
APPLESAUCE/9-12 JUICE
WG MEXICAN RICE
WG CINNAMON ROLL
MILK

29

HOT/HAM/CHEESE/WG BUN
FRENCH FRIES
CORN
SIDEKICK/9-12 JUICE
MILK

30

NO SCHOOL

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