



Code No. 507.9R5

PLAN FOR MEASURING IMPLEMENTATION

Monitoring

The Food Service Director will ensure compliance with established school district-wide nutrition and physical activity-wellness policies.

- health services personnel will ensure compliance with those policies in the school and publish annually report on the school's compliance on the District's website and to the school board; and,
- food service staff, at the school or school district level, will ensure compliance with nutrition policies within food service areas and will annually report on this matter to the superintendent/principal.

Policy Review

During the initial development of the school district's wellness policies, a baseline assessment of the school's existing nutrition and physical activity environments and practices was conducted. The results of those school-by-school assessments were compiled at the school district level to identify and prioritize needs.

Compliance will be repeated annually to help review policy compliance, assesses progress and determine areas in need of improvement. As part of that review, the school district will review the nutrition and physical activity policies and practices and the provision of an environment that supports healthy eating and physical activity. The school district, and individual schools within the district will as necessary revise the wellness policies and develop work plans to facilitate their implementation.



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FOOD OUTSIDE OF LUNCH AND BREAKFAST

In order to promote healthy eating habits, United Community School District has implemented the following guidelines for food provided to students outside of lunch and breakfast. Healthy foods provided outside the reimbursable meal programs before school, during school, and thirty minutes after school shall meet the United States Department of Agriculture ("USDA") Smart Snacks in Schools nutrition standards, at a minimum. This includes such items as those sold through a la carte lines, vending machines, student run stores, and fundraising activities.

Providing of Food:

The school will be responsible for the purchase and acquisition of food that will be provided to students. Parents may be requested to provide monetary support to offset the cost of food.

School Parties/Celebrations:

Classroom parties/celebrations will be limited to 3 per year that include food. This includes Fall, Winter, and Valentines parties. The Head cook will order snacks for the 3 parties. The snacks will include 1 healthy and 1 fun.

Birthday Celebrations:

Outside food and drink items will not be allowed for birthdays. Your child may bring a nonfood item for their birthday to share with the class. Examples of nonfood items are (but not limited to): stickers, books, pencils, bookmarks, erasers, markers, pens, or small trinkets.

Grade Level/Special Event Activities:

Each grade level and special education room can have one additional classroom event that includes serving of food. If they have an additional special event including food, beyond the one they are allotted, they may request permission from the Wellness Committee to have food at that event.

Snacks:

Preschool and Kindergarten students will be provided snacks daily. Students that are in grades 1st – 6th will have the opportunity to have a snack as requested. The school nurse will have snacks that are available to those that request.

Food Usage:

Food may not be used as a reward or incentive. Examples include, but not limited to: reward for behavior, finishing work on time, correct answer, etc.